

Abstract Details

Title: A Comparative Study between Male and Female College Students with regard to Emotional Intelligence of Nagaland

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Abstract: The present study aims to find out the difference between male and female college students with regards to their emotional intelligence and its dimensions. The sample consists of 100 college students of Nagaland. Roqan Emotional Intelligence Test (REIT) by Roquiya Zainuddin and Anjum Ahmed was used to collect data. The result of the study found that there were no significant differences in emotional intelligence and its dimensions—Self-awareness, self-regulation, motivation and social skills. It was found that male college students responded better to their empathy (t-value =3.05) than female students. This study used a descriptive method for analysis.

Keywords: Emotional Intelligence, self-awareness, self-regulation, motivation, empathy, social skills.